The logo features four horizontal, pill-shaped ovals stacked vertically in green, pink, blue, and yellow colors.

YOGURT IN NUTRITION

INITIATIVE FOR A BALANCED DIET

MISSION ► To advance scientific knowledge on the health effects of yogurt:

- Identify and review existing science
- Promote scientific research
- Disseminate knowledge broadly

A collaborative
project between:



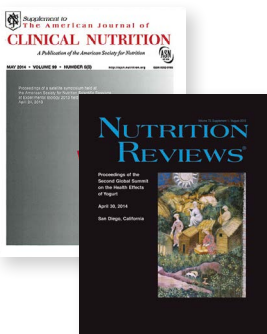



YINI INTO PRACTICE

► An annual event

Since 2013, **Yogurt in Nutrition** organizes every year the Global Summit on the Health Effects of Yogurt, during the **Experimental Biology Congress**.

In 2016, the 4th **Global Summit on the Health Benefits of Yogurt** is organized on April 6th in San Diego, US: *'Yogurt & Type 2 Diabetes, translating evidence into practice'*.



► Scientific publications

The 1st and 2nd Global Summit on the Health Effects of Yogurt were published in the ***American Journal of Clinical Nutrition*** and in the ***Nutrition Reviews***.

► Research Grant

Each year, a grant (\$30,000) is given to support the research on the role of yogurt in the prevention and management of non-communicable diseases. Each call for application is announced during the annual YINI Summit. Details to apply are available on the website: www.yogurtinnutrition.com

AN UPDATED & ACTIVE PLATFORM

Yogurtinnutrition.com, a website where you can find all about yogurt for a balanced diet and its health effects. You will find detailed information and advice, including scientific watch and unconventional how-tos, interviews, easy tips and even some classic recipe favorites, highlighted by bloggers and experts.

A media room is also included in the platform to help identify key scientific events, important press releases and more. Every month the newsletter highlights the new content.

NUTRITION DIGEST

VIDEOS



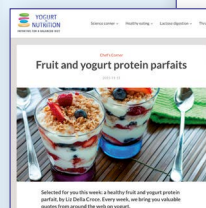
TWITTER



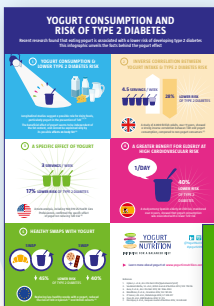
MONTHLY NEWSLETTER



RECIPES



INFOGRAPHICS



DATA CAPSULES



SCIENTIFIC WATCH



A PARTICIPATIVE PLATFORM

The **Yogurt in Nutrition, Initiative for a Balanced Diet** encourages contributions from readers, interactions within the website and beyond

BOARD MEMBERS

The Board of the Yogurt in Nutrition Initiative is composed by experts within medical and nutrition fields from all over the world. Find all information about YINI Board members in: www.yogurtinnutrition.com/yini-board-members



► Learn more about yogurt at
www.yogurtinnutrition.com

Stay tuned!



@YogurtNutrition
#yogurt2016

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