

## **III World Congress of Public Health Nutrition –**

Las Palmas de Grand Canarias 9-12 November 2014

## YOGURT: A DAILY PARTNER FOR HEALTH 10 November 2014 (5-7h pm)

Welcome and Introduction: Andrew Prentice & Luis Moreno

1) Yogurt consumption, dietary patterns and decreased metabolic diseases in children and adolescents.

Speaker: Luis Moreno

2) Yogurt consumption and impact on cardiometabolic diseases incidence Speaker : André Marette

3) Yoghurt as part of Healthy Diet and Weight Management

Speaker: Frans Kok

4) Yogurt & fermented milks in daily nutrition: from science to the guidelines and recommendations

Speaker: Seppo Salminen